

Contents

Looking behind the label...

SECTION I

UNDERSTANDING THE EFFECTS OF CHILDHOOD TRAUMA

	1
1 What constitutes trauma in childhood?	3
2 Symptoms, prognosis and treatment	5
3 Frequently asked questions	20
4 Specific parenting tasks	25
5 How the child might be affected at different stages of development	37
6 Educational and social issues	40
7 Conclusion	43
References	48

SECTION II

PARENTING CHILDREN AFFECTED BY CHILDHOOD TRAUMA

	49
The early years	51
Primary years	57
Secondary years	66
Useful organisations	88